## KENTUCKY MENTAL HEALTH POWER OF ATTORNEY FORM

## IMPORTANT INFORMATION

This power of attorney authorizes another person (your agent) to make decisions for you (the principal). Your agent will be able to make decisions and act on your behalf, whether or not you are able to act for yourself.

This power of attorney does not authorize the agent to make health care decisions for you. Such powers are governed by applicable laws for Advance Directives.

You should select someone you trust to serve as your agent. Unless you specify otherwise, generally the agent's authority will continue until you die or revoke the power of attorney or the agent resigns or is unable to act for you.

If your agent is unable or unwilling to act for you, your power of attorney will end unless you have named a successor agent. You may also name a second successor agent.

This power of attorney becomes effective immediately unless you state otherwise in the Special Instructions.

If you have questions about the power of attorney or the authority you are granting to your agent, you should seek legal advice before signing this form.

The following forms are available from the National Resource Center on Psychiatric Advance Directives.

ADVANCE DIRECTIVE FOR MENTAL HEALTH TREATMENT
I,, willfully and voluntarily execute this advance directive for
mental health treatment. I want the instructions in this advance directive to be followed as
described below.
Designated Surrogate
I am naming a surrogate to see that my instructions for mental health treatment are
carried out.
I designate to act as my surrogate. If this person
withdraws or is unwilling to act on my behalf, or if I revoke that person's
authority to act as my surrogate, I designate to
act as my alternate surrogate.
The person acting as my surrogate is authorized to act in accordance with the content of
this advance directive and may override the advance directive if, and only if, there is
substantial medical evidence that failing to do so would result in harm to me. If my
instructions and preferences are not stated in the advance directive, the surrogate may act
in good faith in making treatment decisions in the manner in which the surrogate believes I
would act.
I am not naming a surrogate to see that my instructions for mental health treatment are
carried out.

If I do not designate a surrogate, if my surrogate and alternate surrogate withdraw or are unwilling to act on my behalf, or if I revoke their authority to act, then the health care provider and health care facility may proceed to render treatment in accordance with my instructions as described here and in accordance with standards for mental and physical health care.

## **Psychotropic Medication Provisions**

I may indicate below any refusals of treatment with specific psychotropic medications, not to include an entire class of medications, due to factors that may include but are not limited to lack of efficacy, known drug sensitivity, or experience of adverse reaction:

I specifically do not consent and do not authorize my surrogate to consent to the

administration of the following medications or their respective brand-name or generic		
equivalents for the reasons given: Specific psychotropic medication	Reason for refusal	
I may list below any specific psychotre	opic medications that I would be willing to have	
administered to me if additional medication	ons become necessary:	
Specific psychotropic medications:		
Electroconvulsive Therapy Provisions		
Below are my instructions regarding electrons	roconvulsive therapy (ECT):	
I consent to electroconvulsive thera	apy (ECT) if it is deemed clinically appropriate to	
treat my condition.		
I do not consent to electroconvulsiv Preferred Procedures f	ve therapy (ECT). For Emergency Interventions	
I may state preferences for procedure	es for emergency interventions to be used when	
necessary for my protection or the protecti	on of others. I understand that I am requesting	

consideration of my preferences for procedures for emergency interventions but that my surrogate, my health care provider, and the health care facility where I am a patient are not subject to civil liability for not abiding by these preferences. I understand that in the case of possible harm to myself or others, my health care provider or the health care facility may need to use procedures that override my stated preferences. If during an admission or while a patient in a health care facility, it is determined that I am engaging in behavior that requires emergency intervention, my preferences regarding the procedures to be used during an emergency intervention and the order that I prefer the interventions to be used are as follows:

Intervention	Order of	Reason for preference	
	Preference		
Seclusion			
Physical restraints			
Seclusion & physical			
restraint combined			
Medication by			
injection			
Medication in pill			
form			
Liquid medication			
Other			
Other			
Signed this day of 20			
Signed this, 20			

In my presence, the grantor voluntarily dated and signed this writing or directed it to

Signature of grantor: \_\_\_\_\_\_Address of grantor: \_\_\_\_\_

current health care provider, or an owner, o	perator, employee or relative of an owner or
operator of a health facility in which the gra	antor is a client or resident.
Signature of witness:	
Signature of witness:	
Surrogate contact information (if designated):	
Name:	
Address:	
Telephone:	
Signed this day of,	
20	
Signature of surrogate:	
Alternate surrogate contact information (if designated):	
Name:	
Address:	
Telephone:	
Signed this day of,	
20	
Signature of surrogate:	

be dated and signed. I am not the grantor's current health care provider, a relative of the