

## APPOINTMENT OF HEALTH CARE REPRESENTATIVE

I, \_\_\_\_\_, hereby appoint \_\_\_\_\_ to be my health care representative. If my attending physician determines that I am unable to understand and appreciate the nature and consequences of health care decisions and unable to reach and communicate an informed decision regarding treatment, **my health care representative is authorized make any and all health care decisions for me, including the decision to accept or refuse any treatment, service or procedure used to diagnose or treat my physical or mental condition and the decision to provide, withhold or withdraw life support systems**, except as otherwise provided by law which excludes for example psychosurgery or shock therapy.

I direct my health care representative to make decisions on my behalf in accordance with my wishes, as stated in this document or as otherwise known to my health care representative. In the event my wishes are not clear or a situation arises that I did not anticipate, my health care representative may make a decision in my best interests, based upon what is known of my wishes.

If \_\_\_\_\_ is unwilling or unable to serve as my health care representative, I appoint \_\_\_\_\_ to be my alternative health care representative.

I further instruct that as required by law my attending physician disclose to my health care representative protected health information regarding my ability to understand and appreciate the nature and consequences of health care decisions and to reach and communicate an informed decision regarding treatment at the representative's request made at anytime after I sign this form.

I choose not to provide Health Care Instructions, please go to the next page. \_\_\_\_\_ (Initial here)

## HEALTH CARE INSTRUCTIONS

If the time comes when I am incapacitated to the point when I can no longer actively take part in decisions for my own life, and am unable to direct my physician as to my own medical care, I wish this statement to stand as a statement of my wishes.

I, \_\_\_\_\_, **the author of this document, request that, if my condition is deemed terminal or if I am determined to be permanently unconscious, I be allowed to die and not be kept alive through life support systems.**

By terminal condition, I mean that I have an incurable or irreversible medical condition which, without the administration of life support systems, will, in the opinion of my attending physician, result in death within a relatively short time. By permanently unconscious I mean that I am in a

permanent coma or persistent vegetative state which is an irreversible condition in which I am at no time aware of myself or the environment and show no behavioral response to the environment.

*Specific Instructions*

Listed below are my instructions regarding particular types of life support systems. This list is not all-inclusive. My general statement that I not be kept alive through life support systems provided to me is limited only where I have indicated that I desire a particular treatment to be provided.

	<u>Provide</u>	<u>Withhold</u>
Cardiopulmonary Resuscitation	_____	_____
Artificial Respiration (including a respirator)	_____	_____
Artificial means of providing nutrition and hydration	_____	_____
_____	_____	_____
_____	_____	_____

Other specific requests: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I do want sufficient pain medication to maintain my physical comfort. I do not intend any direct taking of my life, but only that my dying not be unreasonably prolonged.**

**DOCUMENT OF ANATOMICAL GIFT**

I make no anatomical gift at this time. \_\_\_\_\_ (Initial here)

I hereby make this anatomical gift, if medically acceptable, \_\_\_\_\_ (Initial here)

I give: (check one) \_\_\_\_\_ (1) any needed organs or parts  
\_\_\_\_\_ (2) only the following organs or parts:

\_\_\_\_\_  
\_\_\_\_\_

to be donated for: (check one)  
\_\_\_\_ (1) any purpose  
\_\_\_\_ (2) these limited purposes \_\_\_\_\_.

**x** \_\_\_\_\_ . Date \_\_\_\_\_, 20\_\_\_\_

Signature

**WITNESSES' AFFIDAVITS**

We, the subscribing witnesses, being duly sworn, say that we witnessed the execution of these health care instructions, the appointment of a health care representative, the designation of a conservator for future incapacity and a document of anatomical gift by the author of this document; that the author subscribed, published and declared the same to be the author's instructions, appointments and designation in our presence; that we thereafter subscribed the document as witnesses in the author's presence, at the author's request and in the presence of each other; that at the time of the execution of said document the author appeared to us to be eighteen years of age or older, of sound mind, able to understand the nature and consequences of said document, and under no improper influence, and we make this affidavit at the author's request this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

X \_\_\_\_\_  
Witness

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City, State and Zip Code

X \_\_\_\_\_  
(Witness

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City, State and Zip Code

STATE OF \_\_\_\_\_

COUNTY OF \_\_\_\_\_

Subscribed and sworn to before me by \_\_\_\_\_ and \_\_\_\_\_,  
the signing witnesses to the foregoing affidavit this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

\_\_\_\_\_

Notary Public  
My Commission expires: \_\_\_\_\_